



# THEATER LIFE

Cultural exchange  
6th July – 24th July 2023  
Germany – Blockhaus Ahlhorn  
GGmbH, Oldenburg



KAIROS – NFG

*Are you willing to team up with a young and enthusiastic theater company?*



- Send us a motivational letter
- and a short video presentation



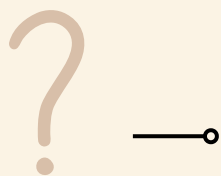
# ABOUT THE PROJECT

Anyone interested is invited to live a complete 360-degree cathartic experience to learn and engage with each other how the small ecosystem that is a theater company operation. The awareness of one's body and its movements, the basics of acting, how to promote a show and how to develop music and sets with the richness, explorations and freedom of creative expression that each participant will bring to the group.

To create a complete experience in the life of a theater company with all the roles that correspond to it:

- Actors
- Scenographers
- Musicians
- Video makers

## A TYPICAL DAY

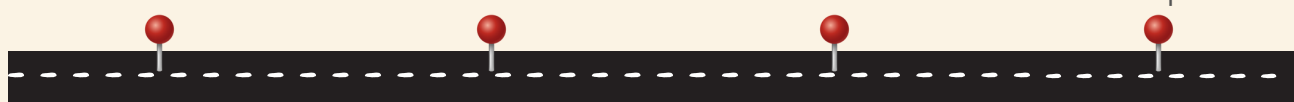


Physical activity  
9:00 am

Theater workshops  
9:30 am

Lunch break and relax  
12:30 pm

Production group  
15:00 pm





# VISION AND MISSION



## WORKSHOPS



- Know yourself and your body language
- Trust in yourself and in the group
- Imitation as a tool of knowledge
- The presence of the scene
- Voice setting elements
- Composition of the materials created
- Structuring of the stage action
- Staging of the show
- And many others...

## LOCATION

Blockhaus Ahlhorn in Oldenburg will welcome the Theater Life project.

The Blockhaus Ahlhorn will take care of reimbursing the travel costs of the participants with

a maximum limit of €200 per person.

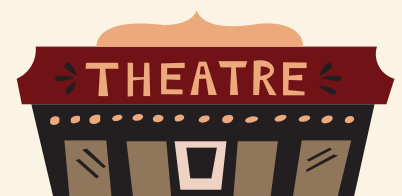
Accommodation and meals provided and free of charge.



## REHEARSAL

In addition to the workshops, there will be moments dedicated to the rehearsal of the final show!

Actors, set designers, musicians and video-makers will collaborate on stage and behind the scenes to put on a remarkable and unique play.



# MEET OUR TEAM



**ALMA DI BELLO**

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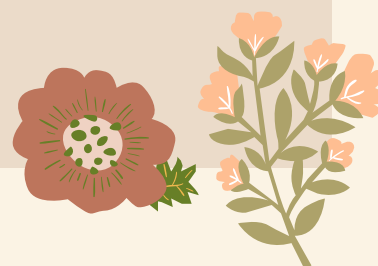
"Our bodies are the material with which to shape the infinite worlds of possibilities that the theater offers us. A wild freedom, violent truths, strong emotions and a fine line between what is life and what is dream: this is theater".



**GIACOMO COSENTINO**

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"Through humbleness and listening, I try to create an environment where difficulty is not a limit, but the opportunity to know ourselves better. Theater showed me this opportunity and I can help but give to it everything I have".







Kairos - NFG is born from the collaboration of four people who by combining their interests engage in social work to create events, workshops and cultural exchanges for young people based on non-formal learning.




# LET'S CONNECT WITH US

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